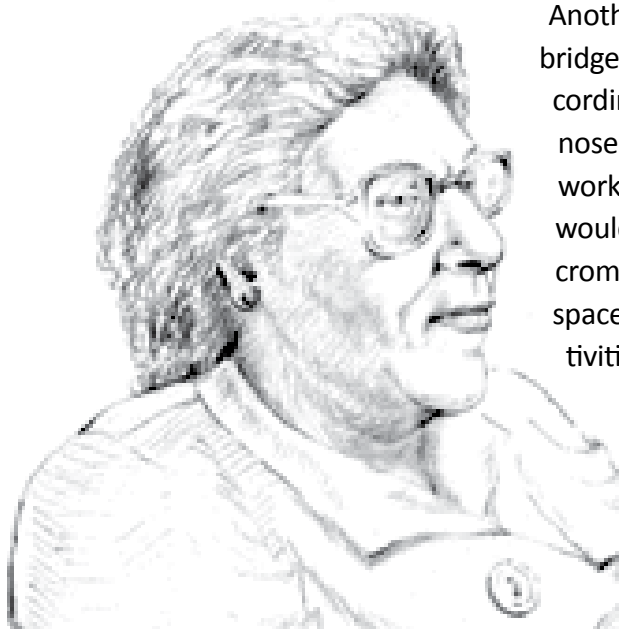


## FACE READING MAY CHANGE YOUR LIFE

by Mac Fulfer

Most things in life come with a warning. Learning how to read faces is no exception. Warning: "Face reading will change the way you look at people forever," explains Mac Fulfer in his classes and presentations. Fulfer claims face reading is a breakthrough in communication that creates a connection with every person you meet.

Over eleven years ago Fulfer was practicing law when he became interested in face reading as a better way of doing jury selection. His training as an attorney make him skeptical of anything not proven beyond a reasonable doubt. He spent over two and a half years researching the topic while he practiced reading thousands of faces, requesting feedback from each person he read. The most common response he would get after he read someone's face was, "That's amazing, how did you do that?"



While teaching face reading classes, he developed a Pictionary of faces that illustrated facial features and their corresponding meaning. In 1996 he published "Amazing Face Reading" An Illustrated Encyclopedia for Reading Faces". The book explains that faces are shaped by both nature and nurture. The appearance of some facial features is a reflection of genetics while their features, like the lines, are carved by life experience.

In both cases there is a direct correlation between a person's habitual patterns of thought and feeling and the physical manifestation of those thought patterns on the person's face. For example, if you habitually force yourself to over focus vertical lines will appear between your eyebrows.

Another example would be the bridge on someone's nose. According to face reading, if the nose bridge is high the person works best independently and would not welcome being micromanaged. A shared workspace and constant team activities would be difficult and possibly smother their best resources. On the other hand, a person with a very low nose bridge or no nose bridge would enjoy working



closely with others and wants to be part of a team. An employee with this feature would find being tucked away in a cubicle with no personal contact nearly impossible.

With a little time and effort, you begin to see that even the overall shape of the face can reveal another level of understanding that enhances your ability to form an immediate and accurate impression of an individual.

For example, according to face reading if the bottom third of a person's face from just below the nose to the chin is the most prominent or largest section, this indicates a person who is physical, earthly and grounded. High pressure sales will never work on them and they think best when they can pace and walk around.

On the contrary, if the top section of a person's face, which includes the forehead, from the hairline to the eyebrows is the most prominent

or largest section, you are dealing with a person whose focus is mental. They love distinctions and need to see all the information and data available.

The different parts of the face and their relationship to each other reveal the owner's life story. You will discover that the face contains its own self-diagnostic confirmations. Instead of seeing pieces of a puzzle you begin to see each person's life history as a whole. Reading faces

gives insight about a person's work preferences, social requirements and personal needs.

However, the value of face reading goes beyond the development of a quick and accurate personality profile. "It has changed my life" claims Fulfer "because it is impossible not to be moved when you see cour or survivor lines on a person's face and then hear them reveal the events that were the underlying reason for those lines." The self-reveal-

ing aspect of face reading creates a touching human connection and can be a source of healing.

What about your own healing? Learning to read your own face can provide a deeper insight into your own personality. However, remember the warning. Do not read faces unless you want to change the way you look at every face, including your own.